

Laura's Story



Springtime in Minnesota means many things to many different people: snow piles finally melting away, temperatures warming up, buds emerging on trees, birds singing, frogs croaking. For our family, it also means the return to one of our favorite places, Freedomfarm. This marks our daughter Laura's 5th year of receiving therapeutic horseback riding at Freedomfarm, and we look forward to the start of each season in April.

Laura has a rare genetic disorder known as Kabuki Syndrome which presents as hypotonia (low muscle tone), and cognitive and developmental delays. Since Laura has been riding at Freedomfarm, there has been remarkable improvement in her strength, particularly her torso, and her overall balance. She also has improved her cognitive and organizational functioning as Susie, the director, works with the riders on having them decide what's best for the horses and making and implementing a plan at each lesson.



We continually receive comments from Laura's teachers and therapists about the strides she is making through her experience at Freedomfarm. Her increased strength, improved balance, and overall conditioning have carried over in every aspect of her life. Susie does an exceptional job of working with each rider on his/her current ability and needs. And we are truly appreciative of the patience she consistently shows to Laura.

This is an invaluable experience for us. We are the benefactors of an incredible program, and we look forward to each season, each Spring.

Ride on,
Mother of Laura