

Freedom Farm
11500 Ferman Avenue SW
Waverly, MN 55390
952-955-2505
info@freedomfarmmn.org www.freedomfarmMN.org

2012 Rider Checklist

Lessons will begin the week of April 2

Note: Please fill in all forms completely to ensure that riders are able to begin lessons on schedule.

___ **1. Sign and take to your doctor the 'Participant's Consent for Release of Information', 'Health Care Provider Letter' and the Participant Medical History and Physician Statement'. They will need to mail it back to Freedom Farm by March 1.**

(An addressed envelope can help speed the return mailing!)

___ **2. Read, sign and date the 'FREEDOM FARM 2012 POLICIES'.**

Please read it carefully!

___ **3. Complete, sign and date the 'Participant's Application and Health History'**

___ **4. Complete, sign and date the 'Authorization for Emergency Medical Treatment Form'**

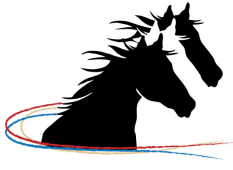
___ **5. Read, sign and date the 'Release and Agreement'**

___ **6. Send forms along with payment to confirm your spot by March 1.**

The initial payment for everyone is \$250 or the full amount of \$405.

- Freedom Farm recommends each rider have their own helmet.
** Helmets must be approved ASTM/SEI Certified **
- Freedom Farm must coordinate volunteers, horse handlers and horses to provide each student with a safe and effective therapy session. We feel that scheduling is paramount to meeting not only our students' needs, but also those of our staff and volunteers. *Riders of all abilities achieve the greatest benefits from consistency in their lessons.* We ask that all of our riders make a commitment to attend all scheduled lessons.
- Freedom Farm operates as a non-profit organization and has financial responsibilities to you and business suppliers. The policies were approved by the Freedom Farm Board of Directors. They are in place to ensure Freedom Farm's continued success.

Thank you for your continued commitment to Freedom Farm. Please call (952-955-2505) or email (info@freedomfarmmn.org) if you have further questions.



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Freedom Farm 2012 Policies

2012 Lessons

Spring Session (9 weeks)	April 2 – June 1
Summer Session (11 weeks)	June 11 – August 31 (there will be one vacation week)
Fall Session (8 weeks)	September 10 – October 31

Spring Session \$405

9 weeks

\$250 DUE MARCH 1

\$155 DUE APRIL 1

Summer Session \$495

11 weeks

\$250 DUE JUNE 1

\$245 DUE JULY 1

Fall Session \$360

8 weeks

\$200 DUE SEPT 1

\$160 DUE OCT 1

Private lessons and costs can be discussed with the Executive Director.

Payment Policy – payment may be made in full or in 2 installments per session.

- Payments should be received by the due date.
- Special Billing – Please call to let us know what is needed.
- If an agency will be responsible for lesson payments, you are responsible for submitting the bill and having it paid **before lessons begin**.

Helmets and boots or tennis shoes are required for riders (please always wear long pants).

Absence Policy

Please give 24 hour notice whenever possible, to allow us time to inform volunteers.

Cancellation Policy

If a rider cannot attend their scheduled lesson a refund will NOT be issued. If Freedom Farm cancels a scheduled lesson, a credit will be issued to the account.

Please note: Freedom Farm will no longer cancel lessons due to heat and/or humidity.

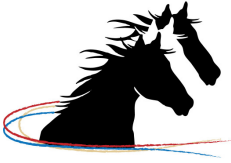
Freedom Farm reserves the right to deny participation in any program activity that, in the professional opinion of the Freedom Farm staff, presents a risk to the safety and/or well being of the horses, staff, volunteers and/or other participants.

I have read and understand the above policies.

Signature _____

Date _____

Please return to Freedom Farm. Thank you.



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SEND TO FREEDOM FARM

2012 Participant's Application and Health History (Page 1 of 2)

Participant: _____

DOB: _____ Age: _____ Height: _____ Weight: _____ Gender: M F Tshirt size _____

Home Address: _____ City: _____, MN Zip: _____

Home Phone: _____ Cell Phone: _____

E-mail: _____

Please add info@freedomfarmmn.org to your safe list.

Parent work phone: _____

Parents/Legal Guardian (BOTH NAMES): _____

Address (if different): _____

Referral Source: _____ Phone: _____

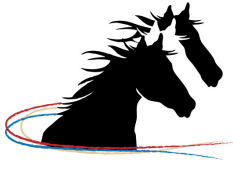
How did you hear about the program? _____

HEALTH HISTORY

Diagnosis: _____ Date of Onset: _____

Please indicate current or past special needs in the following areas:

	Yes	No	Comments
Vision			
Hearing			
Sensation			
Communication			
Heart			
Breathing			
Digestion			
Elimination			
Circulation			
Emotional/Mental Health			
Behavioral			
Pain			
Bone/Joint			
Muscular			
Thinking/Cognitive			
Allergies			



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2012 Participant's Application and Health History (Page 2 of 2)

MEDICATIONS (include prescription, over-the-counter; name, dose and frequency)

Describe your abilities/difficulties in the following areas **(include assistance required or equipment needed)**:

PHYSICAL FUNCTION (i.e. Mobility skills such as transfers, walking, wheelchair use, driving/bus riding)

PSYCHO/SOCIAL FUNCTION (i.e. Work/school including grade completed, leisure interests, relationships – family structure, support systems, companion animals, fears/concerns, etc)

GOALS (i.e. Why are you applying for participation? What would you like to accomplish?)

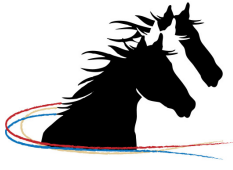
Signature: _____ **Date:** _____

PHOTO RELEASE

I **DO** **DO NOT** consent to and authorize the use and reproduction by Freedom Farm of any and all photographs and any other audio/visual materials taken of me for promotional material, educational activities, exhibitions or for any other use for the benefit of the program (this includes the website).

Signature: _____ **Date:** _____

Client, Parent or Legal Guardian



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SEND TO FREEDOM FARM

2012 Authorization for Emergency Medical Treatment Form

Participant Name: _____ DOB: _____ Phone: _____

Address: _____ City _____, MN, Zip _____

Physician's Name: _____ Preferred Medical Facility: _____

Health Insurance Company: _____ Policy #: _____

Allergies to medications: _____

Current medications: _____

In the event of an emergency, contact:

Name: _____ Relation: _____ Phone: _____

Name: _____ Relation: _____ Phone: _____

Name: _____ Relation: _____ Phone: _____

In the event emergency medical aid/treatment is required due to illness or injury during the process of receiving services, or while being on the property of the agency, I authorize **Freedom Farm** to:

1. Secure and retain medical treatment and transportation if needed.
2. Release client records upon request to the authorized individual or agency involved in the medical emergency treatment.

****PLEASE CHOOSE ONE****

Consent Plan

This authorization includes x-ray, surgery, hospitalization, medication and any treatment procedure deemed "life saving" by the physician. This provision will only be invoked if the person(s) above is unable to be reached.

Non-consent Plan

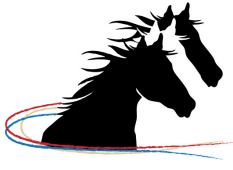
I do not give my consent for emergency medical treatment/aid in the case of illness or injury during the process of receiving services or while being on the property of the agency.

In the event emergency treatment/aid is required, I wish the following procedures to take place:

Date: _____

Signature: _____

Client, Parent or Legal Guardian



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2012 Release and Agreement

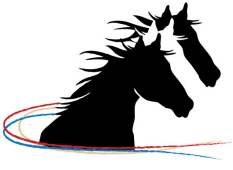
1. I, _____, the undersigned or my minor child, (herein called Releasor), in consideration of being permitted to use the facilities and services of Bjorklund Training Stable/Freedom Farm for himself/herself, spouse, my minor child, legal representatives, heirs and assigns, HEREBY RELEASES, WAIVES AND DISCHARGES BJORKLUND TRAINING STABLE/FREEDOM FARM, (HEREIN CALLED RELEASEE) THE OWNERS AND LESSEES OF BJORKLUND TRAINING STABLE/FREEDOM FARM INCLUDING TOM BJORKLUND AND SUSAN BJORKLUND THEIR AGENTS, EMPLOYEES AND VOLUNTEERS, FROM ALL LIABILITY TO THE RELEASOR, THEIR SPOUSE, LEGAL REPRESENTATIVES, HEIRS AND ASSIGNS, FOR ANY AND ALL LOSS OR DAMAGE, AND ANY CLAIM OR DAMAGES RESULTING THEREFROM ON ACCOUNT OF INJURY TO RELEASOR'S PERSON, EVEN INJURY RESULTING IN DEATH OF THE RELEASOR, WHETHER CAUSED BY THE NEGLIGENCE OF RELEASOR OR OTHERWISE WHILE THE RELEASOR IS RIDING, WORKING, OR FOR ANY PURPOSE USING THE FACILITIES, EQUIPMENT OR SERVICES OF BJORKLUND TRAINING STABLE/FREEDOM FARM.
2. I agree to indemnify Bjorklund Training Stable/Freedom Farm, Tom Bjorklund, Susan Bjorklund and each of them from any loss, damage or cost they may incur due to the participation or use of the facilities, equipment and services of Releasee due to the presence of myself or my minor child in or upon the property owned, located at or controlled by Bjorklund Training Stable/Freedom Farm whether caused by the negligence of the Releasees or otherwise.
3. I fully understand any involvement with horses involves some risk of harm or injury to myself, my minor child, my horses or my other property and that risk of damage or injury is a normal incident of involvement with horse-related activities and I hereby agree that risk is borne by me an/or my minor child and not by Bjorklund Training Stables/Freedom Farm, Tom Bjorklund or Susan Bjorklund, or their officers, members, agents, employees or volunteers.

THIS RELEASE CONTAINS THE ENTIRE AGREEMENT BETWEEN THE PARTIES HERETO AND THE TERMS OF THIS RELEASE ARE CONTRACTUAL AND NOT A MERE RECITAL.

I HAVE CAREFULLY READ THE FOREGOING RELEASE AND KNOW THE CONTENTS THEREOF AND SIGNED THIS RELEASE AS MY OWN FREE ACT.

Releasor (Parent/Guardian) _____

Minor Child _____ Date _____



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SEND TO PHYSICIAN

Date: _____

Dear Health Care Provider,

Your patient, _____ is interested in participating in supervised equine activities.
(*participant's name*)

In order to safely provide this service, our center requests that you complete/update the attached Medical History and Physician's Statement Form. Please note that the following conditions may suggest precautions and contraindications to equine activities. Therefore, when completing this form, please note whether these conditions are present, and to what degree.

Orthopedic

Atlantoaxial Instability - include neurologic symptoms
Coxa Arthrosis
Cranial Deficits
Heterotopic Ossification/Myositis Ossificans
Joint subluxation/dislocation
Osteoporosis
Pathologic Fractures
Spinal Joint Fusion/Fixation
Spinal Joint Instability/Abnormalities

Neurologic

Hydrocephalus/Shunt
Seizure
Spina Bifida/Chiari II malformation/
Tethered Cord/Hydromyelia

Other

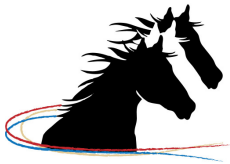
Age - under 4 years
Indwelling Catheters/Medical Equipment
Medications - i.e. photosensitivity
Poor Endurance
Skin Breakdown

Medical/Psychological

Allergies
Animal Abuse
Cardiac Condition
Physical/Sexual/Emotional Abuse
Blood Pressure Control
Dangerous to self or others
Exacerbations of medical conditions (i.e. RA, MS)
Fire Settings
Hemophilia
Medical Instability
Migraines
PVD
Respiratory Compromise
Recent Surgeries
Substance Abuse
Thought Control Disorders
Weight Control Disorder

Thank you very much for your assistance. If you have any questions or concerns regarding this patient's participation in equine assisted activities, please feel free to contact the center at the address/phone indicated above.

Sincerely,
Susie Bjorklund,
Executive Director
Freedom Farm



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2012 Participant's Medical History & Physician's Statement

Participant: _____ DOB: _____ Height: _____ Weight: _____

Address: _____

Diagnosis: _____ Date of Onset: _____

Past/Prospective Surgeries: _____

Medications: _____

Seizure Type: _____ Controlled: Y N Date of Last Seizure: _____

Shunt Present: Y N Date of last revision: _____

Special Precautions/Needs: _____

Mobility Independent Ambulation: Y N Assisted Ambulation: Y N Wheelchair: Y N

Braces/Assistive Devices: _____

For those with Down Syndrome: AtlantoDens Interval X-rays Date: _____ Result: + --

Neurologic Symptoms of AtlantoAxial Instability: _____

Please indicate current or past special needs in the following systems/areas, including surgeries:

	Yes	No	Comments
Auditory			
Visual			
Tactile Sensation			
Cardiac			
Circulatory			
Integumentary/Skin			
Immunity			
Pulmonary			
Neurologic			
Muscular			
Balance			
Orthopedic			
Allergies			
Learning Disability			
Cognitive			
Emotional/Psychological			
Pain			
Other			

To my knowledge, there is no reason why this person cannot participate in supervised equine activities. However, I understand that the NARHA center will weigh the medical information above against the existing precautions and contraindications. I concur with a review of this person's abilities/limitations by a licensed/credentialed health professional (e.g. PT, OT, SLP, Psychologist, etc.) in the implementation of an effective equine activity program.

Name/Title: _____ MD DO NP PA Other _____

Signature: _____ **Date:** _____

Address: _____

Phone: _____ **License/UPIN Number:** _____